

YOUNG MERCY LINKS

Young Mercy Links Victoria have had a fantastic start to the year! After a very difficult 2020 it was so lovely to welcome all our new members, be able to physically be together and begin to get some projects and programs off the ground.

We started volunteering at the lovely Bethlehem house in Reservoir pampering the residents there with pedicures, manicures and facials.





We were set for a great three days down at Cape Woolamai in a fantastic beach house. The theme for the program was 'Passion, Presence, Purpose', where we were to have some relaxing time together as Young Mercy Links 2021. Our time was to include a number of reflective activities including listening to a Buddhist nun speaking to us about the world as our second self. We had planned to do yoga together on the beach. We look forward to rebooking this for the coming months once travel restrictions have lifted. For more information, on how to be part of our group, contact Angela Scarafilo (angela.scarafilo@ismapng.org.au).

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Exploring Themes of Injustice During Reconciliation Week



Reconciliation Week provided an opportunity for Australians to work towards a more united Australia. We begin with the acknowledgment of our history and the mistreatment of our first nation peoples.

On May 26th we commemorated National Sorry Day during our Comfortable Cuppa as we explored the elements of reconciliation such as race relations, equity, institutional integrity, unity, and historical acceptance.

Mercy Hub hosted a nation-wide Zoom screening of <u>'Two Worlds,' a TED talk by Ingrid Cummings</u>. Attendees were made aware of Cummings' experience growing up in the plurality of being in indigenous and non-indigenous Australia.

We engaged in deep discussion about the importance of acknowledging over 300 indigenous groups across Australia and how this multicultural Australia existed prior to colonisation. It was also raised that "reconciliation needs to happen on a personal level...and by using the power that we have to call out and challenge systemic injustice".

Due to COVID restrictions, several of our program were cancelled, however we are grateful to have reached many organisations, schools, and people through online platforms.

Visit the TED Talk link - https://youtu.be/b1XUOj13yuY

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Art and Drawing Classes Commence



On May 19th the Mercy Hub teamed up with local Melbourne artist, Phil Kreveld to offer free art and drawing classes. With support from the local Community Bendigo Bank, our weekly classes provide a space for people to come together, engage in conversation, and learn skills in pencil and water colour painting.

Our attendees were most impressed by Phil Kreveld's facilitation and look forward to continuing with the program.

Due to COVID restrictions, we will be resuming this program on Wednesdays from June 30th – July 21st 2pm – 4pm at 617 Nicholson St Carlton North.

All are welcome to attend, including beginners. All materials will be provided.

Contact - <u>juliet.talarico@ismapng.org.au</u>

RSVP - https://forms.gle/CSBwAmUR6Lg9P2w78

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African Family Gatherings



The Book Project went well during the first two terms and the African mothers are now looking at changing to another project. Difficulties were faced during the lockdown and Rosemary continued to keep in touch with the African families through text messages and phone calls as the families were unable to meet at the Mercy Hub. There are now two women from different African Nationalities who are happy to take responsibility and chat to the women about their needs. We are therefore now in the process of planning for Term 3 and excited about this which the picture below shows. (Rosemary Patterson.)

Stay up to date with everything happening at the Mercy Hub via the website https://www.mercyhub.org.au or scan the QR code



Join Us In Our Upcoming Event:

NAIDOC Week celebrates the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples.

This learning circle is a space for people, particularly non-indigenous people, to engage in an open conversation with an indigenous elder and listen to his experiences of connecting to country.







NAIDOC WEEK LEARNING CIRCLE

617 NICHOLSON ST CARLTON NORTH

WEDNESDAY .30PM-7.00PM

JULY

7TH

The Mercy Hub, in collaboration with Indigenous Hospitality House, warmly invites you to our learning circle.

We will be joined by Wurundjeri elder, Uncle Norm, to engage in discussion and contemplation surrounding the theme of 'Heal Country'. A light afternoon tea will be provided.

RSVP July 6th Contact - juliet.talarico@ismapng.org.au Register via QR code

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www.mercyhub.org.au

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